Illawarra Triathlon Club - Port Kembla Triathlon Race 6 - 25 March 2007

Swim 400m,Trans 400m + Cycle 14.8km, Run 3.6km (Approx. Distances)

Name	Cat Age	Wave	Finish Time	Overall Place	Overall Cat Place	Swim 400m +T1	Swim Place	Cycle 14.8km	Ave Speed km/h	Cycle Place	Run 3.6km	Run Pace min/km	Run Place
Scott Lunney		2	55:17	1		11:44	2	29:00	30.62	2	14:33	04:03	2
John OConnell		1	55:48	2		10:56	1	30:22	29.24	5	14:30	04:02	1
Michael Buffet		2	56:36	3		12:32	3	27:51	31.89	1	16:13	04:30	8
Miles Waring		2	58:55	4		12:44	4	30:06	29.5	4	16:05	04:28	6
Nigel Emmerson		1	01:00:34	5		13:20	7	30:37	29	6	16:37	04:37	9
Steve Van Gils		1	01:01:28	6		14:01	9	31:53	27.85	7	15:34	04:19	5
Jon Elvy		1	01:03:25	7		16:46	16	29:54	29.7	3	16:45	04:39	10
Gavin Willis		2	01:03:32	8		14:09	10	34:19	25.88	9	15:04	04:11	3
Danielle Brennan		2	01:03:53	9		12:52	5	34:50	25.49	11	16:11	04:30	7
Simon Haigh		1	01:05:41	10		14:38	12	32:27	27.37	8	18:36	05:10	15
Lydia Nicholson		1	01:06:06	11		13:47	8	35:21	25.12	12	16:58	04:43	11
Georgia Gregory		1	01:06:14	12		13:06	6	38:02	23.35	15	15:06	04:12	4
Wil Orellana		1	01:09:01	13		15:27	14	35:35	24.96	13	17:59	05:00	12
Des Comer		1	01:09:25	14		15:01	13	34:45	25.55	10	19:39	05:28	16
Jenny Simpson		1	01:10:14	15		15:28	15	36:10	24.55	14	18:36	05:10	14
Eloise Till		1	01:11:35	16		14:27	11	39:06	22.71	17	18:02	05:01	13
Doug Simpson		1	01:16:07	17		17:48	17	38:20	23.17	16	19:59	05:33	17
Barney Gorden-Hall		1	00:00:00	DNF		16:50	7	00:00	0	6	00:00	00:00	4
Troy Lewis		1	00:00:00	DNF		16:03	16	34:25	25.8	11	50:28	14:01	19
Paul Coxhead		1	54:48	Short Bike		15:44	8	24:03	36.92	10	15:01	04:10	5
Belinda Thompson		1	01:04:12	Short Bike		15:34	15	27:50	31.9	1	20:48	05:47	18
JUNIOR													
Jack Miller		1	00:48:00	1		19:57:00	11	18:16:00	48.61	17	09:47:00		14