

Illawarra Triathlon Club - Port Kembla Triathlon Race 5 - 17 February 2008

Swim 400m, Trans 400m + Cycle 14.8km, Run 3.6km (Approx. Distances)

No	Name	Cat Age	Wave	Finish Time	Overall Place	Overall Cat Place	Swim 400m +T1	Swim Place	Cycle 14.8km	Ave Speed km/h	Cycle Place	Run 3.6km	Run Pace min/km	Run Place
28	Scott Harrison		2	0:48:57	1		0:11:04	6	0:24:42	35.95	1	0:13:11	3:40	1
33	Miles Waring		2	0:50:01	2		0:10:37	2	0:25:43	34.53	2	0:13:41	3:48	5
4	John Oconnell		2	0:50:22	3		0:10:43	3	0:25:59	34.18	3	0:13:40	3:48	4
36	Ian Kennerley		2	0:53:46	4		0:11:20	7	0:26:27	33.57	5	0:15:59	4:26	17
22	Dave Williamson		2	0:54:02	5		0:14:01	29	0:26:40	33.3	6	0:13:21	3:42	2
13	Craig Dinning		2	0:54:07	6		0:10:54	5	0:28:06	31.6	9	0:15:07	4:12	12
29	Phill Parle		2	0:54:15	7		0:13:26	21	0:27:21	32.47	8	0:13:28	3:44	3
34	Mick Buffett		1	0:54:32	8		0:11:29	10	0:26:58	32.93	7	0:16:05	4:28	18
23	Tanya Strevens		2	0:54:39	9		0:11:21	8	0:29:00	30.62	11	0:14:18	3:58	8
7	Carolyn Dews		2	0:54:44	10		0:11:28	9	0:29:04	30.55	12	0:14:12	3:57	6
10	Andrew Blake		2	0:56:02	11		0:10:07	1	0:30:03	29.55	18	0:15:52	4:24	14
9	Chris Geelan		1	0:56:36	12		0:14:00	27	0:28:07	31.58	10	0:14:29	4:01	9
26	Patrick Macneill		2	0:58:10	13		0:13:01	18	0:29:16	30.34	14	0:15:53	4:25	15
6	Al Boyal		1	0:59:08	14		0:14:36	32	0:29:30	30.1	15	0:15:02	4:11	11
8	Paul Divall		1	0:59:50	15		0:12:26	14	0:31:26	28.25	24	0:15:58	4:26	16
24	Alex Wetten		1	0:59:52	16		0:14:39	34	0:30:56	28.71	22	0:14:17	3:58	7
35	Alyssa Williams		1	0:59:55	17		0:14:00	28	0:31:16	28.4	23	0:14:39	4:04	10
21	Peter Roope		1	1:00:00	18		0:12:18	13	0:30:09	29.45	19	0:17:33	4:52	23
18	Troy Lewis		1	1:00:36	19		0:13:19	20	0:29:57	29.65	17	0:17:20	4:49	22
1	Bob Scott		1	1:01:08	20		0:14:38	33	0:26:11	33.91	4	0:20:19	5:39	33
16	Cathie Tulloh		1	1:01:49	21		0:13:03	19	0:31:30	28.19	25	0:17:16	4:48	21
11	Jason Lewis		1	1:02:30	22		0:15:54	36	0:29:40	29.93	16	0:16:56	4:42	19
32	Mark Monnier		1	1:02:55	23		0:13:33	24	0:30:33	29.07	20	0:18:49	5:14	28
25	David Neall		1	1:02:58	24		0:12:09	12	0:30:53	28.75	21	0:19:56	5:32	31
17	Shane Todd		1	1:03:49	25		0:12:48	16	0:32:45	27.11	29	0:18:16	5:04	26
30	Jenny Simpson		1	1:04:10	26		0:13:31	23	0:31:57	27.79	26	0:18:42	5:12	27
3	Sue Flynn		1	1:04:31	27		0:14:26	31	0:32:21	27.45	28	0:17:44	4:56	24
5	Damien Oconnell		1	1:04:45	28		0:13:48	25	0:29:16	30.34	13	0:21:41	6:01	36
40	Des Comer		1	1:04:47	29		0:13:30	22	0:32:06	27.66	27	0:19:11	5:20	29
20	Brenton Cole		1	1:04:57	30		0:12:28	15	0:35:22	25.11	34	0:17:07	4:45	20
51	Karen-Anne Donnelly		1	1:05:05	31		0:13:56	26	0:33:15	26.71	32	0:17:54	4:58	25
39	Ashley Russell/Sue Scott		1	1:06:27	32		0:10:46	4	0:35:20	25.13	33	0:20:21	5:39	34
19	Emile Carreau		1	1:06:56	33		0:13:00	17	0:38:26	23.1	36	0:15:30	4:18	13
52	Robyn Walker		1	1:07:41	34		0:14:04	30	0:33:11	26.76	30	0:20:26	5:41	35
31	Doug Simpson		1	1:08:42	35		0:15:50	35	0:33:14	26.72	31	0:19:38	5:27	30
12	Alex Gregory		1	1:09:35	36		0:11:59	11	0:37:29	23.69	35	0:20:07	5:35	32
38	Jacob Payne		1	0:00:00	37		0:10:46	5	0:10:46					Swim (
2	Bruce Boaler		1	0:59:50	38		0:11:17	8	0:30:09	29.45	20	0:18:24	5:07	29 1 lap s
15	Eirene Bradley		1	1:04:09	39		0:14:15	32	0:37:06	23.94	36	0:12:48	3:33	2 Short c
Juniors														
37	Bree Jones		1	0:59:13	1		11:45	12	32:53:00	27	30	14:35	4:03	11
14	Winina Costin		1	0:00:00	2		13:29	24	39:39:00	22.4	38			