

Important Illawarra Triathlon Club Race and Event Dates for 2007/2008 (Current as at 14/11/2007)			
Date	Venue	Format	Distance
18th November 2007	Port Kembla High School*	Triathlon	Swim 400m, Cycle 15km (6 laps), Run 3.6km (2 laps)
09th December 2007 (Updated)	Port Kembla High School*	Triathlon	Swim 400m, Cycle 15km (6 laps), Run 3.6km (2 laps)
19th December 2007 (New)	6pm Belmore Basin	ITC Christmas Party	Bring the kids and see Santa at the ITC Christmas Party
20th January 2008	Port Kembla High School*	Triathlon	Swim 400m, Cycle 15km (6 laps), Run 3.6km (2 laps)
17th February 2008	Port Kembla High School*	Triathlon	Swim 400m, Cycle 15km (6 laps), Run 3.6km (2 laps)
16th March 2008	Port Kembla High School*	Triathlon	Swim 400m, Cycle 15km (6 laps), Run 3.6km (2 laps)
20th April 2008 (New)	Stuart Park	Marshal Day	Support your club and assist with Marshalling at the Weetbix Kids Triathlon
27th April 2008 (Updated)	Port Kembla High School*	Triathlon	Swim 400m, Cycle 15km (6 laps), Run 3.6km (2 laps)
03rd May 2008	Nelson Bay*	NSW Club Championships	1000m, Cycle 30km, Run 8km

* These Races count towards the Male and Female Age Group and Club Champion point score

M/F Age Groups for 2007/2008

Trystar
16-19
20-29
30-39
40-49
50-59
60+

Your age for the 2007/2008 season is based on your age as at 31/12/2007.

Point Scores

1st-20 Points	11th-9 Points
2nd-18 Points	12th-8 Points
3rd-17 Points	13th-7 Points
4th-16 Points	14th-6 Points
5th-15 Points	15th-5 Points
6th-14 Points	16th-4 Points
7th-13 Points	17th-3 Points
8th-12 Points	18th-2 Points
9th-11 Points	19th-100th-1 Point
10th-10 Points	

The point score age group champion will be based on your best 5 performances over the 8 triathlon races this season.

If you only complete 4 races but marshal one, your average points from the 4 races will be used to give you points for your marshalling duties.

In the event of a tie a count back will decide the winner.